

# COUN6186 Special Topics in Counseling EMDR Training Practicum Division of Counseling Summer 2023

**Group Dates: June 8-10 and July 13-15** 

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#### I. Mission Statement

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

### **II. Course Description:**

EMDR Training prepares the student to engage in the use of the evidence-based trauma treatment modality *Eye Movement Desensitization Reprocessing*. Training in this modality requires a Practicum including 10 hours of consultation as the student practices the techniques with clients. This class is designed specifically for students who have completed their requirements for clinical practice in one of the Counseling Programs, but would like to work across the summer term in order to complete the EMDR training.

#### **III. Student Learning Outcomes:**

By the completion of this course, students should be able to:

- Demonstrate knowledge of evaluating clients for readiness for EMDR
- Describe preparation for EMDR including the role of State Change Strategies
- Demonstrate the ability to use standard EMDR Therapy Protocol
- Identify how EMDR therapy might be used with complex clients and complex cases.

#### IV. Required Text:

Shapiro, Francine. (2017). Eye movement desensitization and reprocessing. (3<sup>rd</sup> ed.)

## V. Requirements:

- A. The student is expected to work at the LMCCC with 2-4 clients until the last week of July.
- B. The student will be required to meet one hour a week with an individual supervisor assigned by the Clinical Director, and record those hours for verification signature on Tevera
- C. Complete 10 hours of Group Consultation during the months of June and July.

#### VI. Course Evaluation: The Practicum will be evaluated as follows:

- A. Completion of 1 hour of individual supervision for the weeks of June 6 through the week of July 25.
- B. Completion of all 10 hours of Group Consultation for the weeks of June 6 through the week of July 25.
- C. Maintaining a minimum of 2 clients during the practicum.

### VII. Attendance Policy

Students are expected to attend and participate in the class sessions. Because of the nature of the intensive, students who miss any portion of the class may receive a grade of "F" for the course.

### VIII. Grading:

Completing Individual Supervision: 33% Completing Group Consultation 33%

Maintaining a minimum of 2 clients during the practicum: 34%

#### IX. Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- i. <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- ii. <u>Canvas.NOBTS.com</u> Click on the "Help" button for technical questions/support requests regarding the NOBTS Canvas System. You can also email questions to <u>Canvas@nobts.edu</u>.
- iii. ITCSupport@nobts.edu Email for general technical questions/support requests.
- iv. <a href="www.NOBTS.edu/itc/">www.NOBTS.edu/itc/</a> General NOBTS technical help information is provided on this website.

### X. Help for Writing Papers at "The Write Stuff"

NOBTS maintains a Writing Center designed to improve English writing at the graduate level. Students can receive writing guides, tips, and valuable information to help in becoming a better writer. A copy of the approved NOBTS Style Guide can be found in the course Canvas shell, or can be located online at the Writing Center's page on the seminary website at: <a href="https://www.nobts.edu/\_resources/pdf/writing/StyleGuide.pdf">https://www.nobts.edu/\_resources/pdf/writing/StyleGuide.pdf</a>

#### XI. Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

### XII. Selected Bibliography

Books and articles assigned as needed –determined by client's needs.