

PSYC5202 Counseling in Ministry (8-Meeting CIV Hybrid)

Division of Church and Community Ministries

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The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Purpose of Course

The purpose of this course is to introduce students to the field of Christian counseling and basic counseling skills.

Our Core Values

The seminary has five core values. The focal core value for 2016-2017 is *Mission Focus*. This course supports the five core values of the seminary.

- *Doctrinal Integrity*: Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. Our confessional commitments are outlined in the "Articles of Religious Belief" and the "Baptist Faith and Message 2000."
- *Spiritual Vitality*: We are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word.
- *Mission Focus*: We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries.
- *Characteristic Excellence*: What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ.
- Servant Leadership: We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us.

Curriculum Competencies Addressed

NOBTS faculty members realize that all ministers need to develop specific competencies if they are going to have an effective ministry. To increase the likelihood of NOBTS graduates having an effective ministry, the faculty developed a competency-based curriculum after identifying seven

essential competencies necessary for effective ministry. All graduates are expected to have at least a minimum level of competency in all of the following seven areas:

- Biblical Exposition: To interpret and communicate the Bible accurately.
- *Christian Theological Heritage:* To understand and interpret Christian theological heritage and Baptist polity for the church.
- *Disciple Making:* To stimulate church health through mobilizing the church for missions, evangelism, discipleship, and church growth.
- *Interpersonal Skills:* To perform pastoral care effectively, with skills in communication and conflict management.
- Servant Leadership: To serve churches effectively through team ministry.
- *Spiritual and Character Formation:* To provide moral leadership by modeling and mentoring Christian character and devotion.
- Worship Leadership: To facilitate worship effectively.

The curriculum competencies addressed in this course are: Biblical Exposition, Disciple Making, and Interpersonal Skills.

Course Catalog Description

This course is designed to introduce students to the field of Christian counseling and basic counseling skills. Biblically-based foundations and approaches to counseling will be examined. In addition, the class will address skill development and application and will examine counseling issues such as marital and family relationship problems, depression, anxiety, anger, forgiveness and reconciliation, substance abuse problems, and spiritual direction.

Student Learning Outcomes

In order to perform counseling effectively with the knowledge and skills necessary, students, by the end of the course, should:

- 1. Be able to understand the basic foundations and dimensions of biblically-based Christian counseling, including theological, pastoral, historical, scientific, and psychological elements and counseling models.
- 2. Be able to apply a biblically-based knowledge of pastoral care and counseling to the difficulties commonly faced by church members and their families.
- 3. Be able to evaluate personal limits in counseling and to know how and when to make appropriate referrals.
- 4. Be able to communicate effectively using basic counseling skills.

Teaching Methods

As this course is being taught as an 8-Meeting CIV Hybrid, most of the learning activities will be interactive, with required readings and material posted to the course's Blackboard shell in combination with CIV-assisted classroom meetings. CIV meetings will be used for additional information, focused discussion and in-class activities that enhance the course learning objectives. Each week you will be asked to interact with different types of materials, including lecture notes, PowerPoint presentations,

class texts, exercises or practical activities, and responses from other students. Students will participate in a weekly threaded discussion on Blackboard.

The Embedded Assignment

This course will be assessed for quality and improvement through the use of an embedded assignment. The research paper, required to be completed by all students for all sections of this course, will serve as the basis for this assessment. The rubric for grading the paper is in the course requirements section below.

Textbooks

Required Textbooks

- Bible—your preferred translation
- Jones, Ian F. (2006). *The Counsel of Heaven on Earth: Foundations for Biblical Christian Counseling*. Nashville, TN: Broadman & Holman. ISBN# 10: 0-8054-4343-6
- Sphar, Asa R. III, and Argile Smith (2003). *Helping Hurting People: A Handbook on Reconciliation-Focused Counseling and Preaching*. University Press of America, Inc. ISBN# 0-7618-2477-4
- Collins, Gary. (2007). *Christian Counseling: A Comprehensive Guide*. Revised and Updated Third Edition. Nashville: Thomas Nelson. ISBN# 13: 978-1-4185-0329-1

Recommended Reading

(Although these books are not required, they provide helpful information for further study in areas covered by the course.)

- Bolton, Robert (1979) *People Skills: How to Assert Yourself, Listen to Others, and Resolve Conflicts.* New York: Touchstone/Simon & Schuster.
- Clinton, Timothy, & George Ohlschlager (Eds.). (2002). Competent Christian Counseling, Volume One: Foundations & Practice of Compassionate Soul Care. Colorado Springs, Colorado: WaterBrook Press.
- Clinton, Tim, Archibald Hart, & George Ohlschlager. Editors (2006). Caring for People God's Way: Personal and Emotional Issues, Addictions, Grief, and Trauma. Nashville, TN: Nelson Reference & Electronic.
- Sande, Ken (2004). *The Peacemaker: A Biblical Guide to Resolving Personal Conflict*. Third Edition, Revised and Updated. Grand Rapids, Michigan: Baker Books.

Course Requirements

Examinations: (Midterm—20%, Final—20%)

Exams will cover material from assigned readings and PowerPoint presentations. They will be posted on Blackboard, along with instructions. All exams are to be taken on the scheduled day/time. Students are responsible for all material covered in class, in the textbook, and any handouts given. Make-up exams will be given only by prior permission. Taking any exams late will result in a penalty.

Discussion Board: 20%

Students will be required to participate in weekly discussion on Blackboard. Questions and activities will be posted throughout the semester. Each student will be responsible for (1) one *primary post* in response to the instructor's weekly discussion question, and (2) a minimum of two *secondary posts* in response to primary posts from other students. Thus, the minimum number of posts per week per student will be three. Please post more as you read others' perspectives and feel you can add to the discussion.

Posts will be graded for content quality and synthesis of course reading materials. Primary posts must demonstrate an understanding of the reading, presentation, or assigned activity, with a normal expectation of at least one to two paragraphs in length. Secondary posts may be shorter (several sentences or a short paragraph), but must also demonstrate evidence of quality and informed reflection on the subject. Brief affirmations of the primary post content ("Yeah – couldn't agree more") will not suffice. Be thoughtful, and even provoking or stimulating thought in your posts, while maintaining a very respectful tone of scholarly discourse. See the online etiquette section below for more guidelines. This is where you demonstrate to the instructor that you are thoughtfully engaging and synthesizing the materials for the course. It's also where you stand to learn a great deal from interacting with your fellow students.

A new discussion board will be posted on Sunday at 12:00 AM (CST) each week (note that each course unit is two weeks long). Students must post a response to each assignment initiated by the instructor. In order to facilitate better discussion, students are required to make their primary posts no later than Wednesday of each week. Students may post their responses (secondary posts) any time during the remainder of the week. Discussion boards will be closed on Saturday at 11:59 PM (CST) each week. Unless there are extenuating *emergency* circumstances, discussion boards will not be reopened once they are closed.

Book Review: 15%

Students will write a book review of not less than five pages, excluding cover sheet, of the book *The Counsel of Heaven on Earth* by Ian F. Jones. The review will be double spaced, in accordance with current APA style for counseling students or Turabian style for all other students. The book review should include a description of the purpose of the book, a brief summary of content, and an evaluation of the strengths and limitations of the work and its applicability to Christian ministry and counseling. Attach and post the review on Blackboard at the designated place under Assignments. *Please refer to the Book Review Rubric posted in Blackboard for the specific grading criteria for this assignment.*

Research Paper:

Each student will write a research paper with a minimum of 20 pages as the body of the paper (not counting cover sheet, content page, endnotes or bibliography). The paper will be in the APA format for counseling majors and Turabian for all other majors. The paper will include a bibliography with a minimum of ten references other than the texts for this course.

Paper Sections:

The paper will consist of three sections:

- An introductory overview of a biblically-based counseling model that identifies characteristics of a biblical world view, including a biblical view of personality and counseling.
- 2. Identification of **basic counseling skills** and an assessment of personal strengths and limitations in areas such as the cognitive, affective, behavioral and spiritual (gifts and disciplines) as they relate to the ministry of counseling.
- 3. An examination of a **selected topic or issue in counseling**. (See below.) The study should include an awareness of biblical insights along with possible counseling interventions. The use of Scripture and a critical evaluation of information on the topic, particularly evidence-based research, should be included.

Possible sources for information include Bible commentaries, books on the subject, counseling texts, journals, and organizations dedicated to addressing the problem—one place to start your search is the syllabus bibliography. Caution: although you may gather information from multiple sources, you need to be careful about the use of material found on the Internet, much of which is of dubious quality. Check your sources carefully.

The paper will be in the APA format for counseling majors and Turabian for all other majors. The paper will include a bibliography with a minimum of ten references other than the texts for this course. Submit your paper on Blackboard through the SafeAssignment link in the Assignments option. Papers will be scanned for plagiarism. (See the seminary statement in the Student Handbook under General Policies [p. 9] at http://www.nobts.edu/resources/pdf/StudentHandbook.pdf)

Possible Research Topics: Remember that the topics are generally broad. You may need to narrow the topic in order to adequately develop the material.

- 1. The Use of Scripture in Counseling
- 2. Marriage Counseling for (You select the issue).
- 3. Bereavement, Grief and Loss Counseling
- 4. Problem-Solving and Resolving Conflict in Relationships
- 5. Ethical Issues for Christian Counselors
- 6. The Essentials of Pre-Marital Counseling
- 7. Pastoral Counseling for Parents of Troubled Teens
- 8. Pastoral Counseling for Parents of Troubled Children
- 9. Pastoral Counseling with Single Parents
- 10. Pastoral Counseling with Singles
- 11. Pastoral Counseling for People with Terminal Illnesses
- 12. Pastoral Counseling for Divorced Church Members
- 13. Pastoral Counseling for Substance Abuse
- 14. Pastoral Counseling with Children of Alcoholic Parents
- 15. Counseling Skills for a Successful Pastoral Counselor
- 16. Group Counseling in a Church Setting
- 17. Counseling with People in Financial Crisis
- 18. Communication Skills in Relationships and Counseling
- 19. Dealing with Anxiety & Depression Through Pastoral Counseling
- 20. Dealing with Trauma and Stress Through Pastoral Counseling
- 21. Dealing with Self-Harm and Suicide Through Pastoral Counseling

- 22. Pastoral Counseling for Spiritual Crises
- 23. Pastoral Counseling and Spiritual Warfare
- 24. Pastoral Counseling with Victims of Incest/Rape or other Sexual Abuse
- 25. Pastoral Counseling: Brief vs. Long-Term Therapy
- 26. Other topics as approved by the professor.

Embedded Assignment

This paper is an embedded assignment that will be completed by all students for all sections of this course. The rubric for grading this assignment is attached to this syllabus. Please complete the assignment in accordance with the syllabus and this rubric. (See below. Assessment of the Student Learning Objectives will be drawn, in particular, from Sections 2-4 in the rubric.)

Rubric for Research Paper (Embedded Assignment Sections 2-4) Name: Grade:

Research Paper	Unacceptable (0)	Basic/Poor (70)	Competent/Fair (80)	Good (90)	Excellent (100)
Abstract/ Introduction Weight: 5%	0%	70% (3.5 pts.) Abstract/summary is missing or fails to address the structure and nature of the paper	80% (4 pts.) A summary or introduction is present, but incomplete.	90% (4.5 pts.) The summary or introduction covers the content, but it is not clearly articulated	100% (5 pts.) Well-written abstract/summary of paper or introduction of the paper
Sec. 2 UNDERSTANDING Description of Biblically-based Counseling Model or Approach Weight: 15%	0%	70% (10.5 pts.) Subject matter is missing.	80% (12 pts.) Inadequate discussion of subject matter.	90% (13.5 pts.) Adequate discussion of the subject matter	100% (15 pts.) Excellent discussion of the subject matter
Sec. 3 COMMUNICATION Evaluation of Personal Counseling Skills Weight: 15%	0%	70% (10.5 pts.) Discussion of basic counseling skills and assessment is missing or not adequately addressed	80% (12 pts.) Incomplete discussion of basic counseling skills and assessment.	90% (13.5 pts.) Some basic counseling skills are identified with limited assessment.	100% (15 pts.) Basic counseling skills are identified and comprehensively assessed.
Sec. 4 APPLICATION Counseling Issue Description & Analysis Weight: 30%	0%	70% (21 pts.) Discussion on a counseling issue is missing or fails to adequately address the issue	80% (24 pts.) Incomplete discussion of a counseling issue, lacking biblical insights, interventions, evaluation, and use of research	90% (27 pts.) Counseling issue is discussed along with some biblical insights, interventions, critical evaluation, and use of research	100% (30 pts.) Excellent examination of a counseling issue, including biblical insights, appropriate interventions, critical evaluation, and use of evidenced- based research
Conclusion	0%	70% (3.5 pts.)	80% (4 pts.)	90% (4.5	100% (5 pts.)

		Conclusion	Incomplete	pts.)	Excellent
Weight: 5%		missing	conclusion,	Adequate	concluding
			failing to draw	conclusion,	summary
			contents of the	but fails to tie	drawing together
			paper together	all areas of	and applying all
				the paper	components of
Organization,	0%	70% (7 pts.)	80% (8 pts.)	together 90% (9 pts.)	the paper 100% (10 pts.)
Grammar and Spelling	070	Paper lacks	Incomplete or	Paper is	Paper is well-
Grammar and Spennig		organization and	unclear	adequately	organized, with
Weight: 10%		is not clearly	organization	organized,	no obvious style,
		structured; many	and numerous	with few	typographical,
		style, spelling and	style, spelling,	style,	spelling or
		grammar errors	and grammar	spelling, or	grammar errors
			errors	grammar	
				errors	
Documentation	0%	70% (7 pts.)	80% (8 pts.)	90% (9 pts.)	100% (10 pts.)
*** * 1		Evidence of	Sources are not	Sources are	All sources are
Weight: 10%		plagiarism and	properly	documented	documented and
		failure to	documented or	and properly cited in most	properly cited. Documentation is
		document appropriately	cited, or are missing	cases. Few	error free
		арргорпалету	missing	errors	enor nee
Bibliography	0%	70% (3.5 pts.)	80% (4 pts.)	90% (4.5	100% (5 pts.)
Dienography	0,0	Bibliography is	Bibliography is	pts.)	Bibliography is
Weight: 5%		missing or lacks	lacking, failing	Bibliography	comprehensive
		use of basic books	to meet	is adequate,	and relevant to
		and articles in the	minimum	generally	the subject, with
		field	requirements	meeting	use of significant
				minimum	supporting books
				requirements	and journal
					articles and a
					minimum of 10 references
Format	0%	70% (3.5 pts.)	80% (4 pts.)	90% (4.5	100% (5 pts.)
1 Offilat	070	Form and writing	Form and	pts.)	Form and writing
Weight: 5%		does not meet the	writing only	Form and	follows the
518111. 575		standard APA or	minimally	writing does	standard APA or
		Turabian	follows the	not	Turabian
		guidelines. Many	standard APA	completely	guidelines, with
		significant errors	or Turabian	follow the	no obvious errors
			guidelines and	standard	
			contains	APA or	
			numerous errors	Turabian	
				guidelines.	
				Some errors	

Course Assignment Evaluation Percentages

Requirements and Grading:

- 1. Exam 1 (Midterm) 20%
- 2. Exam 2 (Final) 20%
- 3. Discussion Board 20%

4. Book Review 15%5. Research Paper 25%

Grading Scale:

The following grading scale is used at NOBTS (see the Graduate Catalog, available online at http://www.nobts.edu/resources/pdf/GraduateCatalog.pdf):

A: 93-100 D: 70-76 B: 85-92 F: Below 70

C: 77-84

Due Dates and Times:

All assignments are due on their respective due dates as detailed in the Reading and Assignments Schedule. Assignments are to be submitted on Blackboard by "end of day" (11:59 PM Central Standard Time) on the dates they are due. Late assignments will be assessed a 4-point per day penalty.

If technical difficulty precludes your submitting an assignment through Blackboard, you may email it as an attachment to the instructor and it will be graded according to the date & time stamp on your email. Please use the email option only as a last resort.

Course Policies

Attendance

This course is designed to be an interaction between the professor and students and between students. Attendance for this course will be measured according to the NOBTS classroom absence policy (see Academic Policies in the Catalog). Class attendance is essential for effective learning. Many of the activities of this class will not lend themselves to make-up work. Students will be expected to attend all classes unless prevented by illness or emergency. Any work missed due to absences or tardiness is the student's responsibility. Please obtain copies of notes or handouts from your colleagues. No student who misses more than the maximum number of hours as prescribed in the catalog can receive credit for the course. A grade of "F" will be assigned to students who fail to attend class the minimum number of hours. For a eight-meeting per semester hybrid course, students can only miss two of the eight class sessions.

Classroom Participation/Active Dialogue

Student participation is expected. Class interaction is an important and valuable aspect of the learning environment where we can experience the truth of the Great Commandment by truly knowing one another.

Reading Assignments

Students are responsible for completing all reading assignments.

Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. All class work is due at the dates specified. Late assignments will be given a deduction of half a grade per class day after the due date. Any assignment submitted after the final exam will receive a grade of 0 points.

Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. Student feedback on graded assignments will be provided through the grading rubric located in the student's Blackboard Grade Book. The student will find comments in the grading rubric, as well as on graded paper assignments. The student may also email the course grader with questions regarding grading.

Help for Writing Papers at "The Write Stuff"

This is the official NOBTS Writing Center online help site for writing academic papers and essays. http://www.nobts.edu/writing/default.html You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew.

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Please be aware that plagiarism in certain cases may result in expulsion from the seminary. Refer to the NOBTS Student Handbook http://www.nobts.edu/_resources/pdf/studentservices/NOBTSHandbook.pdf where the definition, penalties and policies associated with plagiarism are clearly defined.

Classroom Parameters

Please arrive on time.

Turn off cell phones. Utilize laptops and other technology for class purposes only.

Respect the professor and other members of the class.

Maintain confidentiality when someone shares personal information.

Participate in class and group discussions.

Extra Credit

No extra credit is available in this course.

Blackboard and ITC Technical Support

Blackboard is the instructional platform used in this class. Please make sure that your contact information is accurate and up-to-date. If you need assistance accessing Blackboard, Selfserve, or other technical support, please contact the Information Technology Center (Hardin Student Center 290 or call **504.816.8180**). Here are other helpful links to ITC assistance.

- <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- <u>BlackboardHelpDesk@nobts.edu</u> Email for technical questions/support requests with the NOBTS Blackboard Learning Management System <u>NOBTS.Blackboard.com</u>.
- ITCSupport@nobts.edu Email for general technical questions/support requests.
- www.NOBTS.edu/itc/ General NOBTS technical help information is provided on this website.
- For Student Assistance in using Blackboard, visit: **Student Bb Help**

Netiquette

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Here are some helpful hints as to what to do:

- 1. Use courtesy and discretion.
- 2. Be precise in your writing and keep in mind that your audience does not have the benefit of seeing you or observing your body language, including your facial expressions, and, in particular, hearing your "tone of voice." What you may intend as humor could be interpreted in a variety of ways by your readers, so try to communicate as accurately as possible.
- 3. Feel free to disagree with one another, including your instructor, but do so in an agreeable manner. Treat one another with Christian respect.
- 4. Respond to each Discussion Board assignment to the best of your ability, keeping in mind that your responses, for better or for worse, may influence others.
- 5. Appropriate humor and levity are a valued part of group discussions.

Some helpful hints on what you should avoid:

- 1. Don't use all capital letters. SUCH PRACTICE IS THE EQUIVALENT OF SHOUTING AND IS CONSIDERED RUDE. Occasional use of a word in all capitals for emphasis is fine. For example: "Do NOT ridicule a fellow student (or the instructor)!"
- 2. Don't be overwhelmed or intimidated by a difficult topic, particularly one that you have not studied before. Each person brings different levels of knowledge and understanding to the discussion and we should all be able to learn from one another. Your theological training may be limited, and you may even be a relatively new Christian, but you are a child of God and you have the Holy Spirit in you. Study hard and be confident in what you add to the discussion group.
- 3. Don't set limits on your reading and study and remain ignorant about a subject you know little about. Be prepared to do some extra reading, when necessary, rather than trying to get by. The goal of your Christian education should not be mediocrity but doing your best in order to honor God. (Something to think about: Secular education asks "What do I need to do to get an A or a passing grade?" Christian education rejects this form of idolatry and asks

- "What do I need to do to honor and glorify God?" The grade, while important, is a secondary consideration or objective.)
- 4. Don't talk down to others, use pejorative language that diminishes others, shut down a discussion by pulling rank ("I'm an expert on this subject..."), use sarcasm, be mean-spirited, or imply that you have a corner on biblical truth and interpretation. We need to be humble in our communication and reminded that God can even use donkeys to communicate his truth if he so chooses (Num. 22).
- 5. Don't use ad-hominem arguments, where you dismiss a position, theory, opinion, or an idea by attacking the person presenting the view.

Some acceptable discussion and contributions include:

- 1. Dealing with the issue rather than getting off track or getting bogged down in incidental or minor points.
- 2. Citing something you learned in a specific course, or referencing something (appropriate) that you have read.
- 3. Using anecdotes or personal illustrations that add to the discussion.

Help make our class discussions some of the most fruitful and enjoyable experiences of this course.

Academic Policies

Academic policies related to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: <u>New Orleans Baptist Theological Seminary Academic Catalog.</u>

Web-based Course Reminder/Warning

Since this course is a hybrid, much of the work is done through online instruction along the lines of a web-based course. Web-based courses are, by nature, a different kind of learning experience than courses taught in the traditional classroom. Because of this structure, this web-based course is more reading and writing intensive than traditional classroom courses. Rigorous study of the deep things of God can be a rewarding experience for anyone who participates in it, but it also calls for extra diligence and integrity in completing the work. This reality does not mean that a web-based course cannot be successful in equipping you, the student, for effective, God-honoring ministry. It simply means utilizing a different strategy. Internet courses allow room for independent learners to thrive—to work at a responsible pace, to engage in student-led discussions, and to take ownership of the learning of course content. Note that your instructors are praying for your success.

Policy for Graduating Seniors

Graduating Seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

Emergencies

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (www.nobts.edu) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the

course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service through <u>SelfServe</u>. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

Course Schedule

Tentative Schedule and Reading Assignments

CC = Christian Counseling: A Comprehensive Guide. **HHP** = Helping Hurting People

CC = Christian Counseling: A Comprehensive Guide. HHP = Helping Hurting People					
Unit #	Date/Discussion	Reading & Assignments Schedule			
Class	Board				
1	1.1	CC – Part 1: Introductory Issues			
Meet:	1/17—1/23	Ch. 1-3			
1/25	1.2	HHP – Ch. 1			
	1/24—1/30				
2	2.1	CC – Part 1: Introductory Issues			
Meet:	1/31—2/6	Ch. 4-7			
2/8	2.2	HHP Ch. 2-3			
	2/7—2/13	Due: Book Review (2/8 end of day)			
3	3.1	CC – Part 2: Prominent Issues			
Meet:	2/14-2/20	Ch. 8-12			
2/22	3.2	HHP – Ch. 4			
	2/21—2/27				
4	4.1	CC – Part 3: Developmental Issues			
Meet:	2/28—3/5	Ch. 13-17			
3/7	4.2	HHP – Ch. 5			
	3/6—3/12	Due: Exam/Midterm			
5	3/13—3/19	3/13—3/19 is SPRING BREAK			
Meet:	<i>SPRING BREAK</i> 5.1, 5.2	The discussion board will be open if you would like to post for			
3/21	3.1, 3.2	5.1, but you are not required to post during spring break.			
	3/20 3/20	CC – Part 4: Interpersonal Issues			
		Ch. 18-22			
6	6.1	CC – Part 5: Identity Issues			
Meet:	3/27—4/2	Ch. 23-27			
4/4	6.2				
7	4/3—4/9 7.1	CC – Part 6: Family Issues			
Meet:	4/10—4/16	Ch. 28-32			
4/18	7.2				
4/10	4/17—4/23	Due: Research Paper (4/18, end of day)			
8	8.1	CC – Part 7: Control Issues			
Meet:	4/24—4/30	Ch. 33-37			
4/29	8.2	CC – Part 8: Control Issues			
	5/1—5/7	Ch 29 42			
5/2	5,1 5,7	Ch. 38-42			
5/2 Final	Monday	The final exam for a Monday hybrid course must be			

Selected Bibliography

The following texts represent some of the resources in the field. The list should be consulted as a departure point for gathering references for use in the research paper.

- Adams, Jay E. *Competent to Counsel*. Nutley, NJ: Presbyterian and Reformed Publishing Company, 1970.
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- Aden, Leroy, & Benner, David G. (eds.) *Counseling and the Human Predicament: A Study of Sin, Guilt, and Forgiveness*. Grand Rapids, Michigan: Baker Book House, 1989.
- Allport, Gordon W. *Becoming: Basic Considerations for a Psychology of Personality*. New Haven, Connecticut: Yale University Press, 1955.
- Allport, Gordon W. *Personality: A Psychological Interpretation*. New York: Henry Holt and Company, 1937.
- Augsburger, David W. Pastoral Counseling Across Cultures. Philadelphia: Westminster, 1986.
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- Beck, James R., & Demarest, Bruce. *The Human Person in Theology and Psychology: A Biblical Anthropology for the Twenty-First Century*. Grand Rapids, Michigan: Kregel Publications, 2005.
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Society for Christian Psychology: http://www.christianpsych.org/, Christian Association for Psychological Studies: http://www.caps.net/ American Association of Christian Counselors: http://www.aacc.net/

Christian Counseling & Educational Foundation (CCEF) (http://www.ccef.org/)

Hope for the Heart: http://www.hopefortheheart.org

Association of Certified Biblical Counselors (ACBC) (www.biblicalcounseling.com/) (formerly

known as the National Association of Nouthetic Counselors [NANC])

Association of Biblical Counselors (http://christiancounseling.com/)

RPM Ministries (http://www.rpmministries.org/writing/equipping-counselors-for-your-church/)

Resource Networking and Clearinghouses

Chosen Families (http://chosenfamilies.org/)

A non-profit, charitable organization, providing information to parents, family members, religious leaders and the general public on effective solutions to living in families with hidden disabilities, such as Anxiety, Asperger, ADHD, Autism, Bipolar disorder, Depression, Epilepsy, Learning disabilities, Obsessive Compulsive Disorder, Schizophrenia, Sensory Processing Disorders, and Tourette syndrome.

Purpose & Mission: The purpose of *ChosenFamilies.org* is to help families living with hidden disabilities become fully included in the body of Christ. Our mission is to provide resources, connections and encouragement to families with hidden disabilities and to educate and provide resources to religious leaders as they minister to families with these needs.

The Biblical Counseling Coalition (http://biblicalcounselingcoalition.org/)

Mission: The BCC exists to multiply the ministry of the biblical counseling movement by strengthening churches, para-church organizations, and educational institutions through promoting unity and excellence in biblical counseling.

The Coalition seeks to foster collaborative relationships and to provide robust, relevant biblical resources that equip the Body of Christ to change lives with Christ's changeless truth through the personal ministry of the Word.

New Life Christian Counseling Network (http://newlife.com/counselors) (Part of New Life Ministries)

A large network of professional, Christian counselors located throughout the country. The network counselors have gone through an extensive application and credentials verification process. They agree with the New Life Statement of Faith and meet specific professional standards set for members in the counseling network.

Minds Renewed (formerly Transformed Minds): The Consortium for a Christlike Response to Mental Health (transformedmindsinfo.wordpress.com)

Formed in 2013, the consortium works primarily through the internet to "inspire those needing help; inform them of resources available; and provide the connections needed to reach those resources."

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Advising – Undergraduate Program	lcadminasst@nobts.edu	504.816.8590	www.nobts.edu/LeavellCollege
Church Minister Relations (for ministry jobs)	cmr@nobts.edu	504.282.4455 x3291	www.nobts.edu/CMR
Financial Aid	financialaid@nobts.edu	504.282.4455 x3348	www.nobts.edu/financialaid
PREP (help to avoid student debt)	Prepassistant1@nobts.edu	504.816.8091	www.nobts.edu/prep
Gatekeeper NOBTS news	pr@nobts.edu	504.816.8003	nobtsgatekeeper.wordpress.com
Information Technology Center	itcsupport@nobts.edu	504.816.8180	selfserve.nobts.edu
Help with Blackboard	blackboardhelpdesk@nobts.edu	504.816.8180	nobts.blackboard.com
Library	library@nobts.edu	504.816.8018	www.nobts.edu/Library
Online library resources	library@nobts.edu	504.816.8018	http://www.nobts.edu/research- links/default.html
Writing and Turabian style help	library@nobts.edu	504.816.8018	http://www.nobts.edu/writing/default.html
Guest Housing (Providence Guest House)	ph@nobts.edu	504.282.4455 x4455	www.provhouse.com
Student Counseling	lmccc@nobts.edu	504.816.8004	www.nobts.edu/studentservices/counseling services.html
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