



LEAVELL COLLEGE

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

CMCM1110-30: Personal Spiritual Disciplines

Fall 2019/20- Term 201

Monday, 5:00 – 5:50 pm

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The mission of Leavell College of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Core Value

The seminary has five core values.

- 1. Doctrinal Integrity:** Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. This course addresses Doctrinal Integrity specifically by preparing students to grow in understanding and interpreting of the Bible.
- 2. Spiritual Vitality:** We are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word. Spiritual Vitality is addressed by reminding students that a dynamic relationship with God is vital for effective ministry.
- 3. Mission Focus:** We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries. This course addresses Mission Focus by helping students understand the biblical foundations for fulfilling the Great Commission and the Great Commandments.
- 4. Characteristic Excellence:** What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ. Characteristic Excellence is addressed by preparing students to excel in their ability to interpret Scripture, which is foundational to effective ministry.

- 5. Servant Leadership:** We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us. Servant Leadership is modeled by classroom department.

The core value focus for this academic year is *Spiritual Vitality*

Course Description

The purpose of this course is to introduce students to the spiritual disciplines of the Christian life. The emphasis is on the practice of these disciplines in the daily lives of the students.

Prerequisite: none

General Education Competencies (GECs)

Leavell College has identified four General Education Competencies:

1. Critical Thinking
2. Oral Communication
3. Written Communication
4. Quantitative Reasoning

This course addresses GEC #2 and #3.

Bachelor of Arts in Christian Ministry Program Student Learning Outcomes (BACM PSLOs) AND Bachelor of Arts in Music with an Emphasis in Worship Program Student Learning Outcomes (BAM PSLOs)

Leavell College has identified three Program Student Learning Outcomes for the BACM and three Program Student Learning Outcomes for the BAM:

1. Biblical Interpretation (BACM PSLO #1)
1. Worship Leadership (BAM PSLO #1)
2. Service and Leadership (BACM PSLO #2 and BAM PSLO #2)
3. Historical and Theological Interpretation (BACM PSLO #3 and BAM PSLO #3)

This course addresses BACM PSLO # 2.

Course Student Learning Outcomes (CSLOs)

At the conclusion of the semester, the student will be able to demonstrate:

1. An understanding of the importance of gathering weekly with other believers.
 2. A value of spiritual health in themselves and others.
 3. A practice of spiritual disciplines throughout the semester.
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Course Texts

The following textbook is required:

1. Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Colorado Springs: NavPress, 2014.
2. Foster, Richard J. *Celebration of Discipline*. New York: HarperCollins, 1998.

Course Requirements and Grading

1. Attendance and Participation: Given the spiritual emphasis of this course, attendance is highly important. Students are expected to attend and participate in class daily. Class will be a time of reflection upon what has been studied. A major emphasis will be placed upon time spent in prayer during the meetings. *This assignment relates to GEC #2, BACM PSLO #2, and CSLO #1.*
2. Reading: Students will be required to read the assigned chapters from the textbooks. **A reading statement of the percentage of the textbooks will be submitted by the Final Exam.** *This assignment relates to GEC #2, BACM PSLO #2, and CSLOs #2, and #3.*
3. Presentation and Chapter Summary: Each student will present one of the chapters from either Whitney's or Foster's book. The student will also submit a teaching outline, which must be typed in 12 point, Times New Roman. The teaching outline must be a minimum of 1 full page. *This assignment relates to GECs #2, #3, BACM PSLO #2, CSLOs #2, and #3.*
4. Students will be required to submit a two-page personal reflection on a specific spiritual discipline. **Reflection papers will be submitted on November 18, 2019.** *This assignment relates to GECs #2, #3, BACM PSLO #2, and CSLO #3.*
5. The grading scale as outlined in the Leavell College catalog will be utilized:

A = 93–100
B = 85–92
C = 77–84
D = 70–76
F = 69 and below
6. The final breakdown for the course will be tabulated according to the following percentage breakdown:

Attendance and Participation	25%
Required Reading	25%
Presentation and Chapter Summary	25%
Reflection Paper	25%

Course Outline

All topics and dates (excluding the final exam) are subject to change. Note: Reading should be completed prior to coming to class.

Week	Dates	Content	Assigned Reading
1	Aug 19	Syllabus Overview What are spiritual disciplines?	
2	Aug 26	A Spiritual Reading of the Bible Encountering the Disciplines The Spiritual Disciplines	ch. 1 (Whitney/Foster)
3	Sept 2	Labor Day; No Class	
4	Sept 9	Bible Intake _____ _____	Whitney ch. 2 Foster ch. 5
5	Sept 16	Fasting _____ _____	Whitney ch. 9 Foster ch. 4
6	Sept 23	Meditation _____ _____	Whitney ch. 3 Foster ch. 2
7	Sept 30	Class Meditation on Prayer	
8	Oct 7	Prayer _____ _____	Whitney ch. 4 Foster ch. 3
9	Oct 14–18	Fall Break: No Class	
10	Oct 21	Day of Prayer	
11	Oct 28	Confession _____ _____	Foster ch. 10
12	Nov 4	Worship _____ _____	Whitney ch. 5 Foster ch. 11
13	Nov 11	Class Paraphrases of a Psalm	
14	Nov 18	Reflection on Spiritual Disciplines	

15	Nov 25-29	Thanksgiving Break: No Class	
16	Dec 2	Biblical Texts on Spiritual Disciplines	
Final Exam	Dec 9	Final Exam at 5:00 pm	

Additional Course Information

1. Attendance Policy: Per the Leavell College catalog, school policies regarding absences and tardies will be strictly enforced. Any student missing more than nine hours will automatically receive a grade of “F” for the course. Every three occasions of arriving late for class or leaving early for class will be counted as one hour of absence. The student is responsible for contacting the teacher if he or she is tardy and the roll has been taken. The student is responsible for all material, including that which was covered during an absence.
2. Blackboard/Self-Serve: The student is responsible to check Blackboard for grades, assignments, course documents, and announcements. The student is also responsible for maintaining current information and current e-mail address on the Blackboard system and Self-Serve. As Blackboard and Self-Serve do not communicate with one another, students will need to enter updates on both platforms.
3. Netiquette: Each student is expected to demonstrate appropriate Christian behavior when working online. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.
4. Classroom Behavior: Students are expected to maintain a Christian attitude both inside and outside the classroom. Derogatory and abusive language will not be tolerated. Any behavior not becoming of a minister may result in dismissal from class. First time offenses will be documented and subsequent offenses will be submitted to the Dean of Leavell College.
5. Academic Honesty Policy: All students, whether on-campus, Internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.
6. Plagiarism Policy: A high standard of personal integrity is expected of all Leavell College students. Copying another person’s work, submitting downloaded material without proper references, submitting material without properly citing the source, submitting the same material for credit in more than one course, and committing other such forms of dishonesty are strictly forbidden. *Although anything cited in three sources is considered public domain, we require that all sources be cited.* Any infraction may result in failing the assignment and

the course. Any infraction will be reported to the Dean of Leavell College for further action.

7. *Emergency Plan*: In the event the NOBTS schedule is impacted due to a natural event or epidemic, go to the seminary's website for pertinent information. Class will continue as scheduled through the Blackboard site. Please note announcements and assignments on the course's Blackboard site.
 8. *For Technical Assistance*: For general NOBTS technical help, go to: www.NOBTS.edu/itc/
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Selected Bibliography

- Alexander, Donald L., ed. *Christian Spirituality: Five Views of Sanctification*. Downers Grove: IVP Academic, 1988.
- Andrews, Alan, ed. *The Kingdom Life: A Practical Theology of Discipleship and Spiritual Formation*. Colorado Springs, CO: NavPress, 2010.
- Boa, Kenneth. *Conformed to His Image: Biblical and Practical Approaches to Spiritual Formation*. Grand Rapids: Zondervan, 2001.
- Chandler, Diane J. *Christian Spiritual Formation: An Integrated Approach for Personal and Relational Wholeness*. Downers Grove: IVP Academic, 2014.
- Dunn, Richard R., and Jana L. Sundene. *Shaping the Journey of Emerging Adults: Life-Giving Rhythms for Spiritual Transformation*. Downers Grove: IVP Books, 2012.
- Gangel, Kenneth O., and James C. Wilhoit, eds. *The Christian Educator's Handbook on Spiritual Formation*. Grand Rapids: Baker Books, 1997.
- Issler, Klaus. *Living Into the Life of Jesus: The Formation of Christian Character*. Downers Grove: IVP Books, 2012.
- _____. "Six Themes to Guide Spiritual Formation Ministry Based On Jesus' Sermon On the Mount." *Christian Education Journal* series 3, vol. 7, no. 2 (2010): 366-88.
- Linhart, Terry, ed. *Teaching the Next Generations: A Comprehensive Guide for Teaching Christian Formation*. Grand Rapids: Baker Academic, 2016.
- Newton, Gary C. et al. *Growing Toward Spiritual Maturity*. Wheaton, IL: Evangelical Training Association, 1988.
- Ortberg, John. *The Life You've Always Wanted: Spiritual Disciplines for Ordinary People*. expanded edition. Grand Rapids: Zondervan, 2002.

Pettit, Paul, ed. *Foundations of Spiritual Formation: A Community Approach to Becoming Like Christ*. Grand Rapids: Kregel Academic & Professional, 2008.

Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. revised and expanded edition. Colorado Springs, CO: NavPress, 2014.

Willard, Dallas. *The Spirit of the Disciplines: Understanding How God Changes Lives*. San Francisco: Harper & Row Publishers, 1988.